

# CRATFIELD NEWS

September 2024



## **WELCOME**

A very warm welcome to Hazel and Steve who have recently moved into Fair View. We hope they will soon settle in and enjoy their life here in Cratfield.

There are quite a few events coming up over the next couple of months for them to come along to and get to know people, starting with the Pop-up pub on Friday September 6<sup>th</sup>.

### **ROY VINCENT**

A man of Cratfield. Our neighbour and friend.

Roy and Vivienne were a gift to us when we moved to Cratfield.

Roy enjoyed a mardle. We liked his stories. We learned of his life, local history and about our home. Tales from his childhood during the war, his rural existence, different from many others, yet witnessing tragedies over the airfields.

He spoke of his time when called up for the army and of places visited when he drove lorries for a local haulier, when equipment failed he and his workmates had to come up with solutions, he always gave the air of making the best of things.

Roy's initiative and ingenuity were his attributes, everything had two uses, and an item kept long enough would be found another purpose. He called it "hedgerow carpentry".

Roy had a tender heart, he cared. He was a generous man, sharing produce and his knowledge of the land. Vivienne and Roy's garden is a delightful place. Roy was a hard working and resourceful family man, and a good kind soul, who we will miss.

Gary and Wendy Thomas

### **SAVE THESE DATES HARVEST SUPPER**

Saturday October 5<sup>th</sup> St. Mary's Church

**Beetle Drive**

Saturday November 16<sup>th</sup>

Village Hall

**For more details please see Page 22**

**It's time for  
a Macmillan  
Coffee  
Morning  
and you're invited**

**Let's do whatever it takes  
to support people living with cancer.**

***Cratfield Village Hall***

***Friday 27th September***

***10am to 2 pm***

***Contact: Margaret Thompson***

***07906 509302***



**MACMILLAN**  
CANCER SUPPORT

**Cakes Needed! If you're able to  
offer a cake please contact Margaret.**



## **SUFFOLK CHURCHES RIDE AND STRIDE**

**Saturday**

**14<sup>th</sup> September 2024**

**9.00am-5.00pm**

**Local organiser  
from whom forms  
are available:**

**Anne Scoones  
01379 586 238**

**or at the back of the church**

**Visit [shct.org.uk](http://shct.org.uk) for more information**

**You can also find us on Facebook and X**

**Sponsorship money raised will be divided between Suffolk Historic Churches Trust and the church or chapel chosen by the participant.**

**Suffolk Historic Churches Trust Registered Charity No: 267047**

A little piece of Cratfield history  
as told to Chrissie Kitchen by Margaret Ward

## **The Canning Factory**

This factory was once upon a time at The Firs. Mr and Mrs Lowe lived at The Firs then. The factory operated in the 1960s and closed in 1981.

Mavis, Margaret's mother, worked in the packing side of the operation, packing tins of food, twenty eight tins to a box. Margaret proudly remembers her mum was very quick at her job, but the working hours were long and sometimes it was past midnight when Mavis returned home.

Some fruits were grown on the surrounding land and folk from around the area would pick for the factory. Smedleys (Wallace) was the company name and cans of vegetables (peas, carrots, beans) and fruit (apples, pears, plums, strawberries, raspberries) were shipped around the world.

This industry was important to the people of Cratfield and the surrounding area. There were about 200 employees. Were you or any of your relatives one of these? Can you add any memories? We'd love to hear them.

### **FRESSINGFIELD SOUNDS**

Founded recently 'Fressingfield Sounds' aims to enrich the local communities and beyond through exceptional musicians playing great music. This year's inaugural concert features **The Marmen Quartet**, an internationally known, award winning group performing popular string quartets by Haydn, Ravel and Beethoven.

**Saturday 14<sup>th</sup> September**  
**7.30pm at Fressingfield Parish Church, IP21 5PE**

**Tickets £22 or £5 for 25 years and under from**  
**fressingfieldsounds.org.uk**  
**or 07900 350117**  
**interval refreshments by donation**

MICHAEL OLIVER

## FENCING AND GATES

ALL ASPECTS SUPPLIED ERECTED REPAIRED

ADAPTABLE to your individual requirements

GARDEN FEATURES CONSTRUCTED AND INSTALLED

Arches pergolas trellis paving paths footbridges raised beds log stores

GRAVEL DRIVEWAYS CONSTRUCTED AND REFURBISHED

Including drainage and all types of edging

MINI DIGGER TO: CLEAN SMALL DITCHES TRENCHES DRAINAGE  
HOLES AUGERED CONCRETE BREAKING AREAS LEVELLED AND CLEARED

*PUBLIC LIABILITY INSURANCE*

*FREE WRITTEN ESTIMATES AND SENSIBLE ADVICE*

HOME: 01986 798129 MOBILE: 07946 714291

EMAIL:michael700oliver@btinternet.com

## Linstead Farm & Garden

For all your gardening equipment and machinery needs

Lawn mowers, ride-ons, chainsaws, hedge trimmers etc

**STIHL VIKING MOUNTFIELD COUNTAX STIGA**

Sales and service, spares and repairs. Contact Bob or Simon on 01986  
785272 or email [linsteadfarm@btconnect.com](mailto:linsteadfarm@btconnect.com)



# Cratfield Parish Council

*Please help keep your village clean & tidy*

Cratfield Parish Council has litter picking equipment which can be borrowed anytime.

*Your help & support would be greatly appreciated!*

*If you would like to litter pick please contact:*

*Cllr Dan Elford Tel: 01986 798649 - Village collection*

*Cllr Richard Chivers Tel: 07900 187350 - Silverleys Green collection*



**SHAUN CHAMBERS**  
-TRADITIONAL WINDOW CLEANER-  
EST. 2001

CALL  
07947 860628  
FOR A QUOTE

**J. FELTON**   
CHIMNEY SWEEP

- CLEAN & FRIENDLY SERVICE
- FULLY INSURED
- SMOKE TESTS
- INSURANCE CERTIFICATES
- CCTV INSPECTIONS
- COMPETITIVE RATES

**PLEASE CALL 01986 799175**

**ICS**

REGISTERED MEMBER OF THE INSTITUTE OF CHIMNEY SWEEPS

## The Special Relationship

In September 1992, HMS Ark Royal was despatched to the United States, with a tanker, a stores ship, three escorts and a full Sea Harrier squadron (all under my command) to exercise with the USN with whom the RN has always enjoyed a special relationship, and in particular with the aircraft carrier, USS John F Kennedy. There were particular reasons for this as we were to discover later but at the time it was a major USN fleet exercise off the Eastern seaboard of the USA. We decided to try and mount a surprise attack on the Kennedy as we arrived, without them detecting us. Sounds tough but we had a cunning plan.<sup>1</sup> We detached our support group and escorts on the direct route to Norfolk Virginia, having given them tapes of the radio traffic of our previous flying operations and the radio messages involved so that they could play them over their radio circuits, giving the impression of an operating carrier group. We headed off alone on a more northerly route in complete radio and radar silence, briefing our aircraft to open at low level to 100 miles before conducting their training sorties, giving the impression that they came from our detached escort group. It may seem unlikely, but even in the era of surveillance satellites this allowed us to get within striking range of Kennedy and launch a strike at low level which remained undetected until they called the Kennedy's tower frequency for clearance in to attack. England 1, USA 0! The sea is a vast place and as the Breton fishermen's prayer says,<sup>2</sup> a ship is so small that this was easier than it might seem, since we had focussed our "enemy's" attention in the wrong direction! After the exercises we visited Norfolk, Virginia – the largest joint service military base in the world - for an enjoyable few days' rest and the chance to meet the crew of the Kennedy battle group. I became good friends with the USN Admiral Commanding, Jim Larby, which later turned out to be very helpful. Jim was very impressed by the Jaguar I had been lent for the duration.<sup>3</sup> He was the proud owner of a red Mustang and wanted us to have a race along the very long pier, on either side of which our two ships were moored. Since he was a jet pilot, I was a little nervous about this, but fortunately the Base Commander got wind of it and firmly banned it, so honour was saved all round.

Meanwhile we got on with the business of making friends and meeting people. One day my USN liaison officer, a lady, was due to accompany me on a call on the base Commander, but the transport failed to show so she offered to take me in her own car. As we drove I noticed a baby seat in the back and asked if she had a child, "Yes," she replied, "just before my husband went to sea for six months. But he'll be back soon." "Oh," said I, "that's good, isn't it?" "It certainly is" she said, "because then I can go to sea!" Not the Navy I joined in

1961!

Norfolk was a real eye opener for the sheer scale of the naval, air and marine corps forces based there,<sup>4</sup> and we enjoyed the visit, the experiences we had (including a visit to the wonderful open-air museum of Colonial Williamsburg) and the friendliness of the USN. Sadly, we had to sail a day early because of the forecast arrival of a hurricane, which had several USN ships also putting to sea – perhaps counter-intuitively the sea, with its room to manoeuvre, is often a safer place to ride out a hurricane than in harbour as I shall explain in a later tale. We got our sea legs back in very heavy seas off the Carolina and Florida coasts, with our flying training much limited by the weather, before visiting the other Eastern seaboard naval base at Mayport, Florida, near Jacksonville, for a proper maintenance period during which some of our families were to fly out to join us for a fortnight – at our own expense of course. It was a lovely feeling to be driving the ship into the harbour at Mayport and to see Candy watching critically on the jetty with other wives and children, with Orlando's Disney Land only a few hours' drive away.

### **Jeremy Blackham**

1. Good old Baldric – the inventor of the cunning plan!
2. The well-known Breton Fisherman's prayer, "Dear God, be good to me. The sea is so wide and my boat is so small." There are other versions from around the world, but this is easily the best known.
3. See my immediately previous story.
4. There were significantly larger forces of each service in this one US base than the total size of the UK's forces

### **MOBILE LIBRARY DATES**

### **TUESDAYS**

**Silverleys Green 14.15 – 14.35**

**The Poacher 14.45 – 14.50**

**September 3<sup>rd</sup>, October 1<sup>st</sup>, November 26<sup>th</sup>, December 24<sup>th</sup>**

## Summer Recipe

### **Courgette rigatoni with crispy halloumi**

#### **Ingredients**

4tbsp olive oil, plus a drizzle

4 garlic cloves, thinly sliced

750g/1lb 10oz (about 4-5) courgettes, trimmed and coarsely grated

¼-½ tsp dried chilli flakes

1 lemon, juice only

350g/12oz rigatoni pasta

150g5½oz halloumi

1 tsp honey

few sprigs of fresh mint leaves, thinly sliced

sea salt and freshly ground black pepper

#### **Method**

1. Place a large frying pan over a medium-low heat and add 4 tbsp of olive oil along with the garlic. Fry for a minute or so, until the garlic starts to turn a little golden, then add the grated courgette and dried chilli flakes.
2. Season generously with salt and pepper and cook for about 20 minutes, stirring occasionally, until the courgettes have cooked down, collapsed and become almost creamy. Finally grate in 50g/1¾oz of the halloumi and add the lemon juice. Give it all a good stir.
3. Meanwhile, bring a large saucepan of salted water to the boil and cook the rigatoni according to the packet instructions.
4. When the pasta is almost ready, cut the remaining 100g/3½oz of halloumi into small cubes (about 5mm-1cm/¼ to ½in) Place a frying pan over a medium heat. Add a drizzle of olive oil then add the halloumi in a single layer and fry for 3-5 minutes until golden all over. Finish by drizzling with the honey.
5. Once the pasta is cooked, use a slotted spoon to transfer the rigatoni into the cooked courgettes, along with a few ladlesful of the pasta water. Keep stirring to combine, adding enough pasta water to make it silky smooth.
6. When it's ready, stir through the golden halloumi and sliced mint leaves and serve with a good grating of black pepper.

## LAXFIELD PRE-SCHOOL

Framlingham Road, Laxfield. IP13 8HD

**Sessions available 8.00am - 5.00pm**

(Funding available subject to criteria)

**Open all year round** (Closed 2wks at

Christmas) : **6mths - 5yrs**

**Holiday Club available T & C's**

Call Lizzie on; 01986 798091 or email

At: office.laxfieldpreschool@gmail.com

## CHARLES GLENNON

AERIAL & SATELLITE  
INSTALLATION & REPAIRS

AUDIO • VISUAL • CCTV • WIFI

**01728 603376**

**07786 363 832**



CELEBRATION  
CAKES

CUPCAKES

TREAT BOXES

cakesbymilliexx@gmail.com



@cakesbymilliexx

### Four Star Rated

### Whipple Tree Cottage

### Bell Green, Cratfield

This carefully restored timbered former stable and hayloft includes 1 x double, 1 x twin bedroom (1 cot on request). 1 single bed downstairs.

Wet room, dining room/lounge and large kitchen. All level ground floor for easy wheelchair access. Pretty cottage garden, summerhouse plus off road parking for two cars. Wi-Fi available.

For bookings apply to:

Chris Kitchen tel. no. 01986 798 764, email: chrissie.kitchen@yahoo.com or write to Bell Green Cottage, Cratfield, Halesworth, Suffolk, IP19 0BI

## **VILLAGE HALL UPDATE – SEPTEMBER**

Many thanks to Tim Shaw for cutting the grass around the Village Hall recently. With the village mower out of action we are hugely thankful to anyone who can volunteer to help keep the grass under control – if you have a ride on mower and would be able to help please do let us know on [cratfieldvillagehall@gmail.com](mailto:cratfieldvillagehall@gmail.com)

### **POP UP PUB – FRIDAY 6<sup>th</sup> SEPTEMBER – OLI'S MEXICAN NIGHT!**

Yes! Following on from the huge sell out success that was last year, Oli is back to tempt us all again with another Mexican night - come along and kick start the weekend (and the kid's going back to school!) with no cooking and no washing up. Doors open 6pm - menu will be on the village facebook page soon – but suitable for all tastes as we learnt last year!

### **PHOTOGRAPHIC COMPETITION – FRIDAY 11<sup>TH</sup> OCTOBER 7 - 9PM / BAR OPEN TOO**

**The entry forms were in last month's magazine – if you need a spare, they will be available at the back of the church or at the Pop Up Pub.**

Here are some hints and tips for the categories;

**Cratfield Hobbies** – whatever your hobby, try and photograph it. If you baking is your thing, look at photographing the various stages of baking. If gardening is what you do to relax try and capture the most beautiful part of your garden or a recent project in the garden. If you paint, think about photographing your easel set up ready to start, with all your paints and brushes at the ready.

**Suffolk Street Scenes** – all street scenes count, from winding country lanes to bustling town and city centres. On your way to work - or home, on the school run or on market day - our local towns and villages are bustling with activity with a stunning backdrop of old shops or brightly painted cottages. Look at towns and cities across the county, is there a colourful market in Norwich or Ipswich or a café culture you could capture.

**All Suffolk Creatures Great & Small** – a fantastic category for everyone, whether you have pets or not as we are surrounded by animals – from household pets, to horses and cattle in the fields and birds flitting across the sky.

## **CLASSIC CARS, BREAKFAST & COFFEE - SATURDAY 12<sup>th</sup> OCTOBER 10AM – 1PM**

We are already half booked with a wide range of classic cars – from sports cars to quaint English classics and American muscle cars – and a vintage mini pick up too! There will be something for everyone to take a look at. Come along to see the photos again, have a delicious breakfast and see the cars. We are only taking a small number of classic cars as this is the first time we are running this event, and all cars must be booked in to attend – places are limited so book in via [cratfieldvillagehall@gmail.com](mailto:cratfieldvillagehall@gmail.com)

## **CRATFIELD VILLAGE HALL 100 CLUB**

First prize (£15) - number 7 - Heather Hargood / Second prize (£10) - number 73 - S. Leveratt and Third prize (£5) - number 80 - Robert King. The draw was taken by D. Britton. Congratulations to the 3 winners this month!

## **INDOOR BOWLS – ALTERNATE TUESDAYS**

The dates for 2024 are - Sept 3 & 17 / Oct 1 & 15 & 29 / Nov 26 / Dec 10. Do come along and have a go – no experience required – all good fun! Tea & Coffee available and there is a suggested donation of £2 to play. Any queries please contact Nigel 07445351861 or Elliott 07963676207.

## **CRATFIELD VILLAGE HALL COMMITTEE MEETINGS – 7.00pm**

Thursday 21<sup>st</sup> November (and AGM)

## **CAN YOU HELP?**

We are a small and efficient committee who meet just 4 times a year to help put on the range of events which meet the overheads of running the village hall so it is there for everyone to use. Our next AGM is on Thursday 21<sup>st</sup> November – if you could spare a few hours once every 3 months to join the committee then please do let us know, either on e mail ([cratfieldvillagehall@gmail.com](mailto:cratfieldvillagehall@gmail.com)) or come along on the 21<sup>st</sup> November.

**D. M. BULLOCK**  
**GENERAL BUILDER**

*All building work undertaken*



Extensions

New Build Renovations

Patios Brickwork

Plastering

Carpentry

Ceramic Tiling

Mobile: 07766 063601

**R. Gritton**

**Professional  
Decorators**

**High Quality, reliable  
service for all your  
interior and exterior  
requirements**

**Telephone: 01379  
586768**

**Cratfield Beef**



**Quality Home Produced Beef**

A large selection of fresh & frozen beef  
readily available

Come and visit the Cratfield beef stand  
at Halesworth produce market every  
second Saturday of each month

A full price list is available on request.

Further details from Lotty 01986  
798099

orders@cratfieldbeef.co.uk



- MOT
- Servicing
- Repairs
- Diagnostics
- All makes welcome
- Land Rover Specialists

**All mechanical work guaranteed for 12  
months or 12,000 miles**

**Hillcrest Garage, Cratfield Road  
Huntingfield Tel: 01986 798668**



# T. L. PLANT HIRE

*If you are in a hole...  
...we'll dig you out*

**07881  
642232**

**MINI & MICRO DIGGERS  
DUMPERS • BREAKERS • MIXERS  
TELEPORTERS • SMALL PLANT  
SCARIFIERS • TURF CUTTERS  
WACKERS • ROTAVATORS  
STRIMMERS • TOOL HIRE**

**tom@tlplanthire.co.uk**

*Diggers can be provided  
with operator, if required.*

Bridge House, Denmark Hill, Palgrave, Diss IP22 1AB



## **Micro-suction and Water Irrigation Framlingham Road, Laxfield, Suffolk, IP13 8HD**

With over 30 years nursing experience Lisa started Suffolk Ear Care in 2018. Offering mobile and clinic appointments at short notice. Set in 10 acres of countryside Lisa and Naomi offer an expert and tranquil local appointment. Adults and children welcome. Parking on site. Fully trained and insured. Amazing reviews.

077 3888 5858

Lisa@suffolkearcare.co.uk  
www.suffolkearcare.co.uk

**T.W. Tree and Gardening  
Services**

All aspects of tree  
surgery

Hedges trimmed, rough  
areas strimmed, garden  
rubbish cleared

Tel: 01986 798928

Mob: 07787 753525

**BOOTY BUILDERS  
LAXFIELD**

\*\*\*\*\*

**For all types of  
building work**

\*\*\*\*\*

**Contact Terry**

**01986 798753**

**Or 07889 116448**

**D.C. PATRICK**

26 Market Place, Halesworth

**YOUR LOCAL NEWSAGENT**

**NEWSPAPERS AND MAGAZINES**

**DELIVERED TO YOUR HOME 7 DAYS**

**A WEEK**

**TELEPHONE 01986 875229**



**Pete's**

**Computer**

**Services**

Reliable, helpful and local!

Assistance, maintenance and repairs.

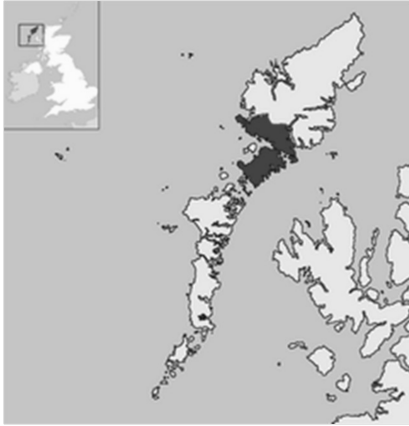
PCs, laptops, tablets and phones.

NO FIX NO FEE.

Tel: 01986 888505

## Exploring the Scottish Islands – with a collapsible bike!

### Harris (Pop. about 1,930)



Having started from the mid-way point of the Outer Hebrides (the Sound of Harris), previous articles have taken us southwards from North Uist, Benbecula, South Uist and, finally, to Barra: now we're heading northwards from the middle, through Harris and on to Lewis.

Harris is the southern part of this single landmass. Harris and Lewis are not separate islands as many people think – though there is a mountainous barrier that separates the two. Gaelic is spoken in both, but, so distinct are the communities that, even today, the language is spoken with noticeably different dialects. Like

many of the Western Isles, there are stunning beaches with not a soul to be seen. The machair (wild flowers) growing behind the dunes are so thick by early summer that milk from the grazing cattle is said to be perfumed. Idyllic



though this sounds, you would need to be truly cold-blooded to venture into the sea!

The largest settlement on Harris is Tarbert, but with a population of 550, it's not exactly huge! On the east coast south of Tarbert, there's a narrow, winding road called 'The Golden Road' (so-called as it was vastly expensive to build): this road links scattered settlements around the bays and,

for once, I stopped rushing around (following a hectic itinerary), and took my time to take in a leisurely drive down the road: it was well-worth it, with picture-postcard views – moored boats with lobster pots bobbing by white cottages - around every corner. The village of Rodel, with its attractive harbour, also has a church of some renown: St Clement's was built in around 1500 using sandstone imported from Mull. With its rectangular tower, it is both distinctive and unique in the Western Isles: its builder – Alasdair Crotach, the 8<sup>th</sup> Macleod – has his elaborately carved tomb inside.

Further on, we arrive at Leverburgh: this township was named after its developer, Lord Leverhulme, who – made rich from his, and his brother's, soap-making industry (Lever brothers, later becoming Unilever) - was one-time owner of Harris and Lewis. His plans for development were enormously ambitious – too ambitious for many - and he ploughed vast sums of money into making Leverburgh a centre for the herring industry. (He planned a fleet of aircraft, sent up to spot shoals of fish: the fishing fleets would be radioed

to set sail to the appropriate areas.) The harbour was enlarged, with the capacity for 250 herring drifters: further infrastructure was built to process substantial quantities of fish for market, and also to house the anticipated employment boom. However, the project languished (not helped by soldiers returning from WW1, finding a new landlord turning their culture upside-down and strongly objecting) – and Leverhulme sold out in 1923, dying two years later. Today, Leverburgh is a shadow of its former-self with a population of just 200.

A number of islands hold stories of communities which were once bustling, built around the herring industry, now abandoned. Beneath the Forest of Harris (north of Tarbert) lie the remains of a whaling station, built by Norwegians before the First World War and abandoned in 1930. The coast road in this area affords dramatic views and then takes you to Amhuinn-suidhe Castle. (No, I can't say it either, but it's pronounced, bizarrely, 'Avin-suey'!) Although the castle is private, it's not truly so, because the public road passes so close, it takes you under an arch that is part of the castle itself and it is said that you can peek into the entrance hall as you drive past! (I politely looked ahead!) Sir James Barrie began his novel 'Mary Rose' here and, in June and July, you can stand at the adjacent waterfalls and watch salmon jumping high over the smooth rocks to reach higher waters.

And as for the famous Harris Tweed? It's now produced mostly in neighbouring Lewis...

St. Clements Church Rodel

Next month: Lewis



**Andrew Weight**

# Cratfield Parish Council

## Meeting Dates 2024

*All meetings are held in The Village Hall, Manse Lane Cratfield, IP19 0DJ*

- Tuesday 12th March 2024 at 7.30 pm
- Tuesday 14th May 2024 at 7.30 pm  
– Annual Parish Meeting & Annual Parish Council Meeting
- Tuesday 9th July 2024 at 7.30 pm
- Tuesday 10th September 2024 at 7.30 pm
- Tuesday 12th November 2024 at 7.30 pm

*The agenda is displayed three days before the meeting in the village noticeboards and on CPC's website: [www.cratfield.onesuffolk.net](http://www.cratfield.onesuffolk.net)  
Planning meetings are arranged as and when required and extra meetings may be scheduled if necessary.*

*~ Members of the public are welcome to attend the meetings ~*

For further details contact the Clerk email:  
[cratfieldpc@gmail.com](mailto:cratfieldpc@gmail.com) or Tel: 07774 734411

**Tank  
Change**  
Limited

Does your Oil Tank need replacing?  
We are your local oil tank installer established since  
1989 with over 16,000 installations to date

- New oil tank installations, relocations and servicing
- Emergency pump out service available for leaking oil tanks
- Kingspan Titan polyethylene tanks and steel tanks held in stock
- OFTEC registered
- Kingspan Titan Accredited
- Fully insured
- Parish magazine discount
- Free surveys

Tel. 01449 781210  
Email: [enquiries@tankchange.co.uk](mailto:enquiries@tankchange.co.uk)  
[www.tankchange.co.uk](http://www.tankchange.co.uk)



## **PAINTING AND DECORATING INTERIOR AND EXTERIOR**

**FOR A CONSCIENTIOUS, RELIABLE  
SERVICE**

**23 YEARS EXPERIENCE**

**PAUL GODDARD**

**Tel: 01986 784594**

**paul@pablo101.plus.com**

### **ACORN FOOT HEALTH**

Roger C. Griffiths, BSc (Econ), Dip Soc Sci,  
PGCE, MCFHP, MAFHP

#### **FOOT HEALTH CONSULTANT**

HOME VISITS, CARE HOMES & PRIVATE CLINIC

Verruca treatments, ingrown toenails, calluses,  
fungal Infection, corns, nail cutting, bunions  
and Foot Care for diabetics.

Foot health checks and all nail conditions.

For an appointment

Tel. 01379 384873 Mob. 07724 073328

Email: [griffithstwo@aol.com](mailto:griffithstwo@aol.com)

Some evening appointments available

## **MAN & MACHINE**



### **LOCAL PLANT & DRIVER HIRE – REASONABLE RATES.**

SITE WORKS, DRIVES, AGRICULTURAL, DITCHING, DRAINAGE, HARDCORE  
SUPPLIED AND REMOVED, INCLUDING CONCRETE CRUSH.

FOR SALE SAWN TIMBER OF DIFFERENT SIZES & TELEGRAPH.

ALL JOBS UNDERTAKEN. TRACTOR, TRAILER, SITE WASTE REMOVED.

CALL DAVID ABELL FOR QUOTATION: 07966 725001

LOWER HALL FARM, MARY'S LANE, LINSTAD MAGNA, IP19 0QN



Follow us on Instagram  
@fireandfeastsuffolk

To buy tickets for our special events:

visit our website  
[www.fireandfeastsuffolk.co.uk](http://www.fireandfeastsuffolk.co.uk)  
email  
[judith@fireandfeastsuffolk.co.uk](mailto:judith@fireandfeastsuffolk.co.uk)  
Phone/text  
0777 5706002

# AUTUMN

Summer Saturday Dining & Sunday Cafe in the Tipi close after 15th of September!

*The summer season may be coming to a close but we still have lots of exciting events planned...*

- **Woodfire Cooking Workshops.** Join us for an autumn workshop and learn how to cook with fire!  
September: 21st Full Day Course, 22nd Half Day Course
- **Supper & Story Telling.** Settle in for an evening of tall tales from the Yarnsmith of Norwich and a three course supper based on local, seasonal produce. 19th October.
- **Supper and Star Gazing.** The last chance to have a taste of Fire & Feast this year, join us for supper and after dinner star gazing with Dash Astro. 9th November.

**If you're stuck for gift ideas we offer vouchers for all of our workshops and events**

# FRESSINGFIELD STORES

YOUR FRESH AND LOCAL VILLAGE STORE

NEW  
'INDEPENDENT'  
RANGE OF  
OWN BRAND  
SPECIAL  
VALUE  
GOODS



01379 588188

- ★ 3 Weekly Special Offers
- ★ Off-Licence, Dry Cleaning, Gas & Coal
- ★ Open 7 Days a Week until 8pm (Sunday 6pm)

Mace

Very few of us relish the thought of change in our lives. However, change is an opportunity for new and often better things to happen. Most of us can think back over our lives, and if we are honest admit that although there may be some things we miss from the past, there are many things that are much better now in our present. As a Christian, I believe that God has a purpose in everything we do in our lives, even if we can't see it at the time. Of course, we are about to enter a time of great change for the benefice as I prepare to leave you. Interregnum is always a time of uncertainty, but perhaps it is more helpful to think of it as a time of opportunity. Sometimes God makes it a time of fruitfulness in that people in the congregations develop talents they hadn't considered before. As you pray in your new incumbent, God has already chosen the perfect person for you and is preparing their heart in readiness. I believe that whoever it is will bless you richly. Of course, I will miss many of you as I leave to go where God is leading me, but I do it in the confidence that God loves you and will care for you.

Every blessing, Rev'd Enid

NB Rev'd Enid's last service in the benefice will be the benefice Holy Communion at All Saints' Laxfield on Sunday 29<sup>th</sup> September at 10.30am. Please come and support her.

**Harvest Supper**  
**Saturday October 5<sup>th</sup>**

in St. Mary's Church  
2 courses and entertainment  
from 7.00pm

Limited numbers, but tickets will be available from  
Paul Marfleet at  
marfleets@doctors.org

Adults £10.00 per head  
Under 12s half price  
Bring your own drinks

**Beetle Drive**  
**Saturday November 16<sup>th</sup>**  
at the Village Hall

more details to follow

## September Cratfield Church Services

Sunday 8th	Sunday 22nd
Isaiah 35:4-7a James 2:1-10, (11-13), 14-17 Mark 7:24-end	Jeremiah 11:18-20 James 3:13-4:3, 7-8a Mark 9:30-37
9.00am Village Worship EP	9.00am Holy Communion CM

Sept	1st	8th	15th	22nd
<b>Bedfield</b>	10.30am Holy Communion EP		10.30am Family Service BS	
<b>Brundish</b>		9.00am Morning Praise CS		9.00am Holy Communion EP
<b>Laxfield</b>	10.30am Celtic Service CS	10.30am Morning Praise LE	10.30am Holy Communion EP	
<b>Monk Soham</b>	11.00am Family Service RA		11.00am Holy Communion RA	
<b>Tanning- ton</b>				
<b>Wilby</b>	10.30am Village Worship SP	10.30am Holy Communion EP	10.30am Village Worship SP	10.30am Morning Prayer EP
<b>Worling- worth</b>	11.00am Morning Prayer BS	11.00am Let's Celebrate BS	11.00am Holy Communion CS	11.00am Harvest + Lunch CM

Zoom services Celtic Prayer – 7.00pm Wednesdays, 9.00am Fridays  
To join us mail [rev.chrissiesmart@gmail.com](mailto:rev.chrissiesmart@gmail.com) and you will be sent details  
Monk Soham Fridays 27<sup>th</sup> Harvest 7.30pm RA

**29<sup>th</sup> Benefice Service Laxfield 10.30am** Rev'd Enid's last service in the Benefice

# DIRECTORY:

## **Local Officers:**

### **Church:**

Priest in Charge of the Four Rivers Benefice  
Rev. Enid Pow [revid4rivers@gmail.com](mailto:revid4rivers@gmail.com) 01986 743093  
The Vicarage, 15 Noyes Avenue Laxfield IP13 8EB  
Assistant Curate Rev. Clive Mobbs 07340 838639

### **Parish Council:**

Chairperson Lotty Barbour 01986 798099  
Parish Clerk Sally Chapman 07774 734411  
Parish Council Website [www.cratfield.onesuffolk.net](http://www.cratfield.onesuffolk.net)  
Neighbourhood Watch Co-ordinator

### **Village Hall:**

Chairperson Andy Barringer 01986 798346  
Vice Chair Jo Cerullo 01986 798656  
Bookings Robert King 01986 798975

### **Laxfield All Saints C of E Primary School**

Head of School Mrs Minns 01986 798344

### **Doctors' Surgery**

Fressingfield 0379 586227  
Stradbroke 01379 384220

### **Cratfield News**

Editor Sue Eade 01986 798725  
[suecratmag@aol.com](mailto:suecratmag@aol.com)  
Treasurer Graham Nixey 07748 907099  
Production Manager Peter Sparrow 01986 888505  
[peter-sparrow@outlook.com](mailto:peter-sparrow@outlook.com)

All information must arrive at the latest by 20<sup>th</sup> of the month  
Advertising rates per annum: Full page £60, Half page £30, Quarter £20  
Please contact Sue, Graham or Peter for more information.