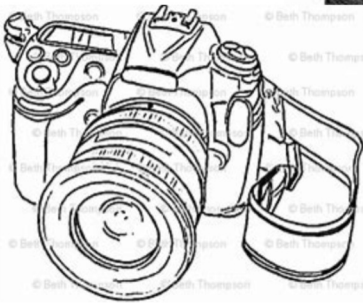
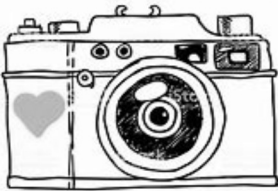


CRATFIELD NEWS

October 2018



Just a reminder!

Condolences

Our sincere condolences and sympathy go to Tricia and family on the loss of Norman who died September 7th. Those of you who knew him will remember him as charming, gentle man, in fact I think 'an Officer and a Gentle man' would be a true and fitting tribute.

Lt. Col. Norman A. W. Fincham

13-04-1932 – 07.09.2018

I would like to thank everyone for their love and support whilst Norman was ill over the summer and also in the last few weeks since he passed away. I feel truly blessed to live in such a caring, loving village.

Norman had stated that he wanted a private cremation, but in his last few days he was talking about having a party to celebrate our 30th Wedding Anniversary. So it seems fitting that we hold a Memorial Service for Norman on that day, 22nd October 2018 in St. Mary's Church, Cratfield at 2.00pm, followed by time to share our memories over a cuppa at School Farm Barn, courtesy of Clare and David Sillett

My family and I hope that everyone who knew Norman will find time that afternoon to join us.

Tricia Fincham

Goodbye

It is with great sadness that I have to tell you that Doris Cook, admired and respected by all who knew her and a dear friend of ours, has moved to a care home in Fornham St. Martin, near Bury St. Edmunds. Doris was in increasingly poor health over the last months and she and family felt that the time had come when she needed full time care. As we all know Doris was a very independent lady; we well remember a few years ago when we asked her if she needed any help she would reply, 'I'll do it while I can and when I can't I'll ask.' Well that time has come.

She will be very sadly missed, but we wish her well in her new home.
Sue

A date for your diary

On Saturday November 17th, Cratfield Village Hall will host its first **acoustic night!**

This will largely feature local talent - a chance for you to find out what musical skills your neighbours are hiding!

More details to follow on posters and in next month's magazine.

Paul Marfleet

Snippet

Seen on a menu at a hotel in Dover.

'Please let us know if you have any specific deity requirements.'

....it takes eating to whole new level!

Gardening

It has been suggested to me that it would be interesting and fun to start a Cratfield Gardening Society. I would definitely be interested having researched local societies and the nearest ones are Framlingham or Harleston. Perhaps the Society could meet every two months in the evening in the Village Hall. We could arrange speakers from places like Wootens, Peter Beales and Thorncroft Clematis.

At this stage, I am looking for expressions of interest and if there are enough of us, we can arrange an initial meeting to discuss it further.

Caroline Marfleet
Church Farm House

carolinemarfleet@me.com 01986 799 048

St. Mary's Bookshop

We would like to thank all those who donate books to St. Mary's bookshop. It is a village facility which seems to be quite well used. However we are finding that it is only the paperback books which are being bought and we have had to re-recycle hardbacks to charity shops. So, in future just good condition paperbacks, and once again many thanks to all who have contributed over the years, please continue to do so.

This letter was received from Andrew on 25th August (unfortunately too late to be printed in the September issue, hence the lateness, but obviously it is no less sincere and I'm sure a lot more has been consumed since then!)

Party at Model Farm 18th August

A big thank you to all our Cratfield friends who came to the party at Model Farm and helped to make it such a special evening. Together with friends from Linstead and those from our previous home of Hitchin, Herts, the numbers attending were quite amazing: however, as a result, there was much confusion.

Many guests were kind enough to bring presents with them, and told us that they were to be treated as 'special' – i.e. to be consumed outside the party. Consequently, when we awoke the following morning (somewhat bleary-eyed!), a number of corners in our house were bedecked with parcels, bulging carrier bags – and a lot of nicely packaged bottles!

I have written 'Thank you' letters to express our gratitude to everyone who was kind enough to leave us something, but unfortunately some bearers of gifts remain untraceable: either there was no gift tag, or in the mêlée, it had become separated from the item. I have been unable, therefore, to write 'Thank you' notes for the following gifts:-

- Bottle of port (in metallic pink carrier)
- Bottle of Taittinger Champagne
- Bottle of Veuve Cliquot
- Bottle of '19 Crimes' Cabernet Sauvignon 2017
- Adnams Gin – from Ali & David (who are you?!)
- Box of J.D.Gross Belgian Chocolate Sea Shells
- Box of Thorntons Continental Chocolates (all gone!)
- Box of Thorntons Classic Collection (nearly all gone!)

We wouldn't want people thinking we were ungrateful, or so impolite as to fail to acknowledge such kindness, so if anyone recognises their gift in the above list, a huge 'Thank you!' We are very grateful, but have been unable to trace from whence the gift came.

Once more, thank you to all of you who came: it was a wonderful evening!

As one who was fortunate enough to have been there, I must agree with Andrew it truly was a great party. **Thank you!** (Sue)

FOR PATIENTS OF FRESSINGFIELD & STRADBROKE MEDICAL CENTRE

2018 FLU CLINICS

The practice is running it's flu clinics differently this year, further information is available on the practice website – www.fressingfieldmedicalcentre.co.uk , or alternatively please pick up a leaflet from the practice. Please also check the November edition of Cratfield News for further details.

Katie Civil
Practice Manager.

In praise of Cratfield residents

I recently received a telephone call from Eric Mayhew who asked me to convey this message to all Cratfield residents. Eric was born and bred in Cratfield and whilst he no longer lives in the village he visits on a very, very regular basis. He wants everyone to know that in all his 82 years of being around the village he has never seen it looking so well cared for, particularly around the village hall (the land generously made available by Mr Haddingham) and church areas. He is full of appreciation for the longer standing residents and those who are fairly new to the village who have undertaken to give their time to making Cratfield look so good and who work so hard to provide events which promote the community spirit which works so well here. Well done to all.

October

“October had tremendous possibility. The summer's oppressive heat was a distant memory and the golden leaves promised a world full of beautiful adventures. They made me believe in miracles.”

Sarah Guillory - Reclaimed

MICHAEL OLIVER

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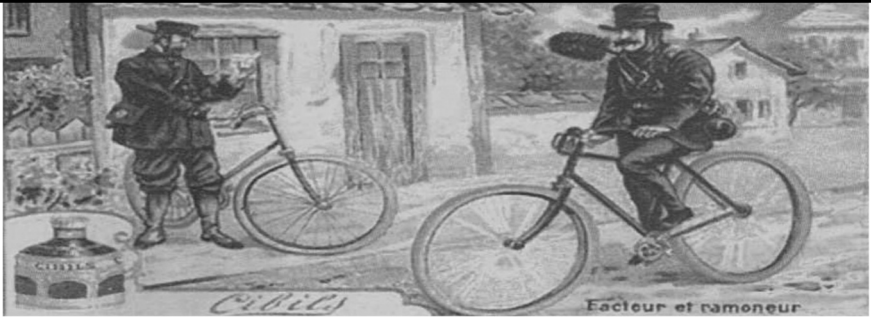
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HEDGES

Please could all Cratfield residents check their hedges to ensure they are not grown over the footpath, or that they are a danger to road users.

A good cutback would help the safety of others!

Sally Chapman

Clerk to Cratfield Parish Council

ODE TO AUTUMN - Connie Marcum Wong

Earth's sphere of fire bids adieu to me
As dying embers gleam across the sea
In rare hues reflected by the trees
Swirling in motion with October's breeze.

I feel the joy this season has to share
In golden harvest that the branches bear
And I am thankful for this blessed year
For divine abundance I share so dear.

The sun and moon take on a special glow
As thunder clouds move swiftly with the flow
Yes. Autumn coaxes feelings to revive
those mem'ries of seasons still alive.

When autumn spreads her dress of lacey frost
I know, in breathless beauty I'll be lost.

VILLAGE HALL NEWS

The next pop-up pub is on Friday October 5th from 6.00pm. All welcome. Hot food as usual and a selection of wines, beers and soft drinks. We had a good turnout last month with many new faces, notwithstanding the high-decibel competition from Laxitude across the fields! Our monthly pub night is proving a good place to meet and get to know neighbours, so if you haven't been for a while we'd love to see you.

Our annual photo competition is on October 13th. The blue entry forms went out in last month's mag but if you need another one give me a call. The three categories are Suffolk Coast, Suffolk Architecture and Suffolk Produce and the last date for submitting is Monday 8th October. The full spec for entering is on the blue form. We're running a bar that night so write the date in your diary even if you are not putting in any pictures.

Please remember that our Christmas Fair is on Sunday December 9th. It's another excuse for us all to get together in the Village Hall and an opportunity to buy Christmas gifts and stocking fillers. If you fancy having a very reasonably priced stall to sell goods and crafts please call me to book.

I'm on 01986 798790 or natalie.l.evans@gmail.com

Natalie Lloyd Evans

100 CLUB DRAW

1st Sheila Hookins £15.00
2nd Sue Eade £10.00
3rd Jean Peacock £5.00

*Laxfield Produce, Craft and Flea Market
Saturday 6th OCTOBER 10am-12.30pm
a friendly community market
held in All Saint's Church & the Royal Oak
and outside on Church Plain*

Laxfield echoed to the sound of African drums last month when music played by the Bruisyard drumming group floated on the warm breeze. It was a beautiful morning, and some of the stallholders even felt the urge to abandon their goods for a while and get up and dance to the lively beat!

The October Market on the 6th will again be full of interesting goodies with lots of stalls outside and in, which will include - Excellent crafts, collectibles, fresh flowers, candles, toys, books, goat soaps, organic and vegan cosmetics, loft clearances, household items and vintage gems, plants, as well as delicious food items including free-range eggs, welfare-friendly meats and goat's cheese, and baked goodies. There will also be a stall supporting the popular charity, the Air Ambulance. You never know what you will find at a Laxfield Market, something for everyone. All local and independent,

During the morning Julia Theaker will be playing her lovely Grecian harp in the Church, look for her there.

Please contact Catherine Cawood on 01986 798852 for info on pitch spaces or news of buskers available for entertainment - musicians, singers, dancers, performers of any sort.

Breakfasts, bacon rolls, tea, coffee and cake and lunches and beer all available. Seating outside too

*The Laxfield Produce, Craft and Flea Market welcomes you for a sociable time on the first Saturday morning of every month
See you there!*

Life is too sweet

They do things differently in Europe. Take cakes for instance. In Spain cakes are huge and overblown. They like them sticky and shiny as the pout of a Latin starlet. The typical object of Spanish desire is a croissant as big as a cushion lacquered with shiny dark chocolate. Austria has its queasy making Sacher Torte with whipped cream and Germany its over the top Black Forest Gateau. French patisserie is better – but it is far too refined and expensive. What is Italian Tiramisu but glorified trifle? Greece unleashed baklava on the world– slithering threateningly towards us on a thick slick of oily syrup.

Traditional British cakes were never over sweet, nor too large nor over refined. They exercised Anglo Saxon restraint. Fruit cakes, sweet scones, Victoria sandwiches, short bread – they trod the middle way. My mother made lunches for my dad to take to work every day and always included a nugget of sensible homemade cake wrapped in greaseproof paper. Coconut was a perennial favourite. British cakes might have run to an occasional modest dusting of cocoa powder - but were never inundated by a glossy tide of cheap chocolate. I look back on them– bread puddings, custard tarts, Bakewell tarts and my Mum’s friend Marge’s mince pies with nostalgia.

But of course, the kind of British cake I write about is getting to be a thing of the past. We too are becoming devotees of the huge and the sweet. Take, for example, the invasion of the cupcake. In my youth they would have been dismissed as fairy cakes, little iced sponges for children. But now, pumped up and enormous on the sugar equivalent of steroids, they have invaded every high street and home. Bakers who could be making malt loaves and jam sponges turn out sickly squadrons of cupcakes. Their appeal to the unsophisticated palates of children is understandable. But now adults are supposed to like these oversized and over-sweetened Disneyland castles. Don’t get me started on chocolate brownies - those great slabs of sickly semi molten tarmac which have become the dark goey gravestones of traditional British baking. And I reserve a special kind of loathing for those huge claggy discs of chemical sweetness, large as dinnerplates and studded with M and Ms or chocolate scrabble tiles masquerading behind the falsely innocent name of ‘cookies’.

Supermarkets heave with celebration cakes which explode in our mouths with atomic levels of artificial sweetness. There is an enormous social pressure to consume this rubbish - in every work place and certainly in every school staffroom I have been in - there is the assumption that anyone who does not buy a round of such ghastly creations and or stuff themselves with them on colleagues’ birthdays is a sour mouthed Scrooge. Life today is far too sweet.

Nigel Cousins

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WITCH-HUNT IN CRATFIELD

Laxfield and District Museum are planning to have witches and witchcraft as a theme for the museum 2019 display.

We are on the hunt for any village stories of witchcraft and particularly buildings in local villages which have 'apotropaic' symbols (evil averting) markings carved or marked in the woodwork. These markings were to ward off evil and witches and were common in the 17th and 18th centuries.

We already know of examples in Laxfield, Fressingfield and Ubbeston. In Cratfield we believe that 'Coppings' in Tongs Lane and 'Old Hall' on North Green have markings, but we would like any other information that Cratfield folk can give us.

We would only visit any likely buildings with the full agreement and permission of their owners.

If you can turn informer please contact
Peter Baker (assistant to the Laxfield Museum Witch-finder General)
Bell Corner, Manse Lane
798 617

CRATFIELD CONCERT TEAS

More good news for the church restoration funds and the Concert Teas this year.

Due to several concerts selling out the monies taken from the sale of tea and cakes was £2,729 which was nearly double last year's takings.

Thank you to all involved

CRATFIELD COMING TOGETHER

On Sunday November 11th the nation will be celebrating 100 years since the signing of WW1 Armistice

Cratfield Parish Council and St. Mary's Church invite you to join together in this commemoration

**St. Mary's Church
Remembrance Service 6.00pm**

Followed by

Bonfire, Refreshments and WW1 Sing-along

Come and join with the rest of the Nation

Crane Lodge, Bickers Hill, Laxfield, IP13 8DP

Tel: 01986-798901

October 2018

Dear Friends,

Next month many of us will have, or at least attend, a bonfire but do you know the origins of the bonfire? Many think that it marks the burning at the stake of Guido Fawkes and while that is what we ascribe it to today, its origins go back thousands of years, right to the time when bronze-age settlers began farming.

Management of scarce resources dictated that animals were slaughtered in autumn as winter feed was not available and so it was more economical to only keep a few alive for breeding and to preserve the flesh of the others for consumption during the winter. But what to do with the bones?

At the same time, farmers became aware that soil can become tired and depleted and as a result crop yields would fall, but by sowing waste and in particular ash back on to the land it replenished the nutrients and helped to maintain good crops. The answer was simple: burn the animal bones and recycle the ash on to the land. This fire became known as a 'bone-fire'. It was mistakenly believed at one time that the word 'bon' was taken from the French for 'good', but it has since been discovered that this is not the case.

What this illustrates to us is that there is nothing new about resource management or care for the environment or more to the point, recycling.

We are repeatedly bombarded with warnings about the environment and depletion of resources and there is a danger that we become deaf to these pleas but ignoring them would possibly be the biggest crime these generations would ever commit.

The environment in which we live is a gift from God, but we only hold it temporarily as trustees for future generations, our children, our grandchildren and their descendants. Being able to buy food from supermarkets is a wonderful innovation, but it distances us from the reality that those ancient farmers faced, and so we don't concern ourselves overly much with the destruction of God's creation, instead we turn to 'throw away and pollute'. Out of sight, out of mind. Ask yourself before sending anything to landfill: could this in any way be used to benefit the world in which we live?

Enjoy your bonfire but please check it first for hedgehogs and other hibernating creatures!

With my prayers and best wishes,

Ron

ST. MARY'S CHURCH - OCTOBER SERVICES

SUNDAY 14th	SUNDAY 21ST	SUNDAY 28 th
6.30pm Evensong DB	9.30am Village Worship CW DB	8.00am Holy Communion DB
Reader Liz Dix	Reader D. Peacock	Reader P Baker
Sidesperson A. Edmonds	Sidesperson A. Edmonds	Sidesperson D. Peacock
Job 23:1-9, 16-17 Hebrews 4:12-16 Mark 10:17-31	Job 38:1-7 Hebrews 4:12-16 Mark 10:35-45	Isaiah 55:1-11 2 Timothy 3:14-4:5 John 5:36b 47

Thank you to everyone who provided produce for St. Mary's Harvest Festival Service.
All the produce was gratefully accepted by the Waveney Food Bank.

**Please read the full page poster for this
year's Remembrance Service at St. Mary's**

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	Stradbroke	01379 384 220

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'The Vicarage, Noyes Avenue, Laxfield

theparsnips@googlemail.com

Church Wardens:

Andy Edmunds		01986 798523
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Lay Elder for Cratfield - Margaret Thompson		07906 509302
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Parish Council - Lotty Barbour		01986 798099
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PC Clerk Sally Chapman		01379 855486
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Vice Chair - Richard Turberville		01986 798346
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Laxfield School Head of School- Mrs Hammond		01986 798344
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Nova Group - Heather Hargood		01986 798180
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Magazine Editors:

Sue Eade, Cranes Cottage, Cratfield, IP19 0BN		01986 798725
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suecratmag@aol.com

Treasurer - Geoff Moore		01379 588024
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Production Manager -

Peter Sparrow, 2 The Street, Cratfield, IP19 0BS		01986 888505
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peter-sparrow@outlook.com

All information must arrive by 20th of the month.

Advertising rates p/a: Full page £60; half page £30; quarter £20; eighth £10; directory £8; flyer £10.

Please contact Sue, Geoff, Molly or Peter for more information